

# HANDBOOK

*day 5*: MINDSET GOALS

## REFLECTION...

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ONE YEAR FROM NOW WHAT DO YOU HOPE YOUR ADDITIONAL REVENUE STREAM(S) LOOK LIKE?

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DESCRIBE YOUR IDEAL LIFE WITH AN ADDITIONAL REVENUE STREAM?

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WHAT HAS PREVENTED YOU FROM ADDING ANOTHER REVENUE STREAM IN THE PAST?

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WHAT WILL YOU DO TO ENSURE YOU DON'T HIT THE SAME ROADBLOCKS YOU'VE ENCOUNTERED IN THE PAST?

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# HANDBOOK

## day 5: MINDSET GOALS

The creative mind is wired differently. That's why it's important to recognize the mindsets that keep us stuck and identify how to move past them.

### THE MINDSETS THAT KEEP US STUCK

#### HOT-MESS/SQUIRREL MENTALITY

- LACK OF FOCUS AND JUMPING FROM THING TO THING

#### TOO MANY IDEAS

- STRUGGLE TO PICK JUST ONE THING

#### SHINY OBJECT SYNDROME

- LACK OF ACCOUNTABILITY

### HOW TO OVERCOME IT

Based on your mindset goals, what will your top three revenue stream choices be?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_